

FREE MINIGUIDE FOR LA PALMA



This guide was created in collaboration with Vagamundo Hostel to help its guests in organizing their trip and gaining a better understanding

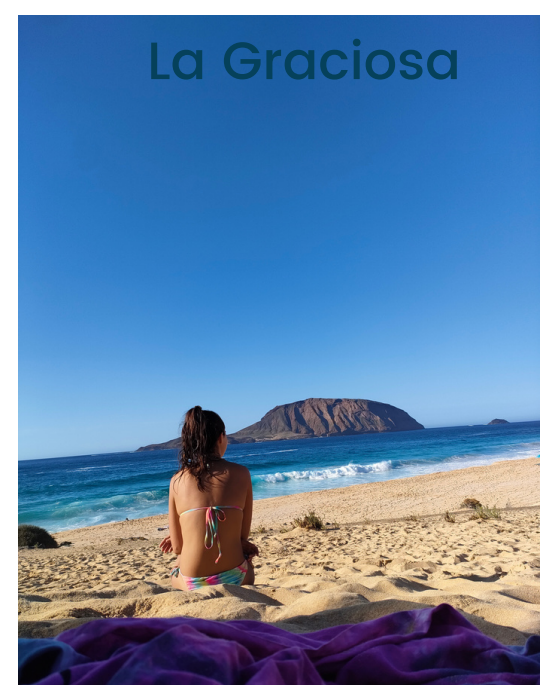
¡HELLO! I AM RAQUEL

Canarias is my homeland, and I would like you to enjoy it as it deserves



THIS MINI-GUIDE INCLUDES:

- Introduction to the nature of the Canary Islands
- Introduction to the history and culture of the islands
- Useful tips for traveling to La Palma: weather, transportation and other recommendations



I finished my challenge living two months on each island! to know them deeply and to recommend places and activities that I have tried by myself

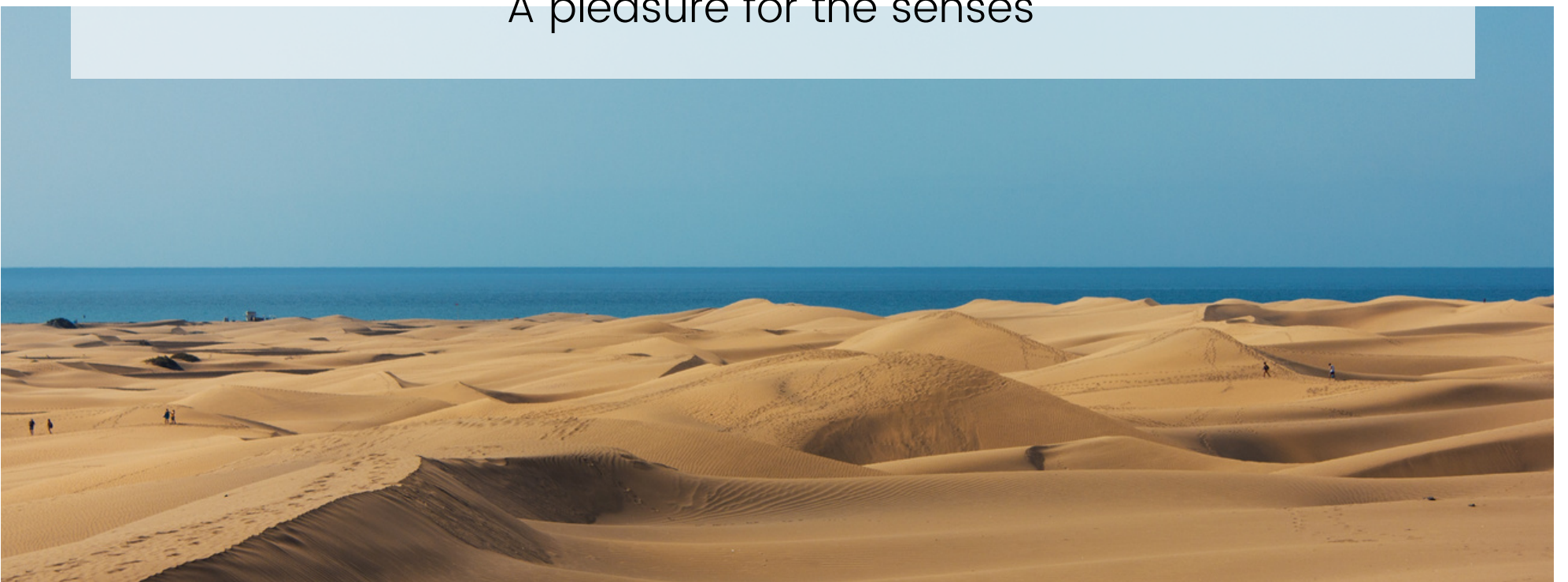
TO SHOW YOU THE RANGE OF POSSIBILITIES THAT THE ISLANDS HAVE TO OFFER YOU

Do you know what's special about Canary Islands?



CANARY ISLANDS IS CONTRAST

A pleasure for the senses



CANARY ISLANDS IS MAGIC

Canary Islands is nature. And there is a mixture of factors that make it special



ETERNAL SPRING

Thanks to the trade winds and the location of the islands, the climate remains constant all year round (23°C on average).



RELATIONSHIP BETWEEN WIND, WATER AND RELIEF

That creates landscapes such as the sea of clouds and cause an infinite number of microclimates.



VOLCANIC ORIGIN AND ISOLATION

The sea created them, and it leaves them isolates. Thanks to its origin we have spectacular landscapes and many unique species.



HIGH BIODIVERSITY AND EXCLUSIVE SPECIES

Variety of microclimates and isolation increase biodiversity and numbers of endemic species.



ONE OF THE BEST SKIES IN THE WORLD

Because of the location, the climate and the law of the sky, which protects it.



PARADISE FOR OUTDOOR SPORTS

Excellent conditions all year round for scuba diving, cycling, paragliding, trekking...

CANARY ISLANDS IS HISTORY AND CULTURE

A history marked by hardship. A culture characterised by a fighting spirit and a strong identity forged over centuries of intermingling among Africa, Europe and America.



THE ABORIGINES' TRACES

The Benahoarites left their mark on the island in many ways. Petroglyphs carved into the rocks, ceramics, and other remnants of their life in caves.



DANGER OF ERUPTIONS AND VERY RUGGED TERRAIN

Canarians had to overcome many difficulties, but we emerged strengthened from them



STRATEGIC POSITION BETWEEN AFRICA, EUROPE, AND AMERICA

That brought attempts of conquest, migrations, and a blending of cultures... that's why our accent resembles more the Latin one



WE PRESERVE THE TRADITIONS

We like our customs and we strive to uphold them. The embroidery, the pottery, our festivities with the traditional costumes...



TASTY CUISINE WITH UNIQUE ELEMENTS

Simple yet fresh and made with local ingredients



THE BEST OF THE CANARY ISLANDS: ITS PEOPLE

Constant contact with foreigners has shaped our open and friendly character

LA PALMA

Among the Canarian family, La Palma is the most vain sister.

She loves to wear her green dress and go for a stroll, showcasing her curves. She is called 'the pretty one,' and it's not just about her appearance but also her inner beauty. She adores the night because in the darkness, she lets her dreams soar and fantasizes about one day conquering the stars.



TRAVEL TIPS FOR LA PALMA

TRANSPORTATION

🚗 The most advisable option is to have a car to explore the island thoroughly, as there are many places not accessible by public transportation.

- The most reliable car rental company is [CICAR](#).
- Although the island looks small, it takes quite some time to get from one end of the island to the other. Especially in the northern half, the roads are winding, and driving can be challenging at night without streetlights. There are no highways."

◦ From Vagamundo Hostel  to:

- Santa Cruz: 40 min.
- Fuencaliente: 1 hour
- Santo Domingo de Garafía: 1h 15 min
- Barlovento: 1h 30 min



Road map and driving times from your accommodation, Vagamundo Hostel

🚌 If you don't have the opportunity or don't want to rent a car, the bus service is [Tilp](#). You can download all the routes and schedules [here](#). I also recommend downloading the app [here](#).

- These are the direct lines from the hostel:
 - Line 8: Los Llanos – El Paso
 - Line 24: Los Llanos – El Remo
 - Line 27 y 29: Los Llanos – Puerto de Tazacorte
 - Line 110: Los Llanos – Punta Gorda
 - Line 210: Los Llanos – Fuencaliente
 - Line 300: Los Llanos – Santa Cruz de La Palma
- **Ticket price:** from €1.50 to €2.60 depending on the distance. **There is no discount pass for tourists** (only for residents). You can pay in cash with a **bill of €20 or less**

TRAVEL TIPS FOR LA PALMA

CLIMATE

- In La Palma, being such a mountainous island, there are many microclimates, and **the weather can change suddenly from one moment to the next.**
- **The west is often sunny.** The north tends to be rainy and colder than the south. **In the summit areas,** like Roque de los Muchachos, **temperatures drop significantly.**
- The north coast is the wildest, inaccessible, and with strong currents. **The most comfortable swimming areas are in the middle** of the island (both east and west).



WHAT TO BRING

- The best thing to do when you visit the island is to **bring some winter and summer clothing** (swimsuit, coat, lighter clothing...). A **raincoat** is especially useful in the laurisilva forest. Since many beaches have stones, **water booties** can be super useful.
- This island is best explored on foot. Don't forget your hiking boots!

USEFUL WEBSITES

- **La Palma hiking trail website** is very well-detailed and up-to-date. It's **important to check it** because trails are closed sometimes due to landslides or fire risk. **Always check it before you go [here](#).**
- **[This website](#)** is great for checking the weather, but especially for tide information. Knowing when low tide occurs, is important when swimming in some natural pools. If you walk along the volcanic coast when it's near low tide, you'll discover gems like the one in the photo. ¡But be careful!



I HOPE THIS MINI-GUIDE HAS BEEN HELPFUL

With Your Local Planner, I help travelers in gaining a better understanding of the island and its nature, and in discovering special places away from the beaten tourist paths to have a close experience of our culture.

THIS IS JUST A SAMPLE, THE GUIDES INCLUDE MUCH MORE AND ARE **PERSONALISED!**

- Information about the nature, history and culture of the island.
- Map divided by zones with the places to visit and an explanation of each place, with its local tips and tricks.
- Selection of activities according to your interests
 - If you like hiking, I choose the best ones for your level and explain everything about them.
- Where to shop, contributing to local commerce
- Traditional festivities or street markets on your dates
- Recommended homemade food restaurants
- Typical dishes to try
- An idea of a day-by-day itinerary if you feel like following it
- Worthwhile documentaries and music from the island

FOR STAYING AT VAGAMUNDO HOSTEL YOU GET A DISCOUNT ON YOUR PERSONALISED GUIDE!

**LET'S TALK ABOUT
YOUR IDEAL TRIP**

READ WHAT OTHER TRAVELLERS HAVE TO SAY



Gisela Fernandez

3 reviews



★★★★★ A week ago **NEW**

Your Local Planner has been a new experience that we wanted to try. Have a local guide just for us. The result has been fantastic! Thanks to Raquel We have known very non-touristy and very beautiful places that we would never have seen otherwise. The guide has been completely tailored to us, beaches, hiking routes, water activities, gastronomy, Canarian culture... since there were 7 of us with different concerns. It has been an experience that we will undoubtedly repeat.



Isora Gonzalez Roca

17 reviews · 49 photos



★★★★★ One month ago

Don't hesitate to plan your trip with Raquel. She made me guides for Fuerteventura, Lanzarote and La Graciosa and it was the best I could do. You save a lot of time searching on your own because you are ready to go. In the guides she tells you everything, but the best thing is that she tells you which places are more touristy and which are less, so that you can decide which one you want. She gives you places where the locals go and always with tips and locations and very importantly instilling care and respect for the environment and tradition. Without a doubt, if I travel to more islands again, I will choose it. It's 100% worth it.



Alejandro Ramos

2 reviews



★★★★★ One month ago

I am left without words to describe Raquel, it has been more than 3 years traveling to Tenerife and I have discovered another island...

Raquel personalizes the guide in detail and when you arrive on the island she is attentive to everything you need, even proactively communicates with you (in my case to communicate heat alerts).

A 10 experience from start to finish.



[Read more reviews here](#)

LEARN WITH MY CONTENT ABOUT THE ISLANDS



yourlocalplanner

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Raquel - Your Local Planner Canarias

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Tenerife 📍

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La Palma



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Follow my adventures on La Palma and other islands [here](#)

THANK YOU!
WE HOPE YOU ENJOY YOUR
TRIP VERY MUCH



**YOUR LOCAL
PLANNER**

LET'S TALK ABOUT
YOUR IDEAL TRIP